



Australian
Human Rights
Commission

**It is your right to live
free from elder abuse**

I am **treated** with **respect**
by family and friends

I **know** how my **money**
is being spent

I **choose** what happens
in my **home**

Decisions about my life
are in my **best interest**

My will reflects **my**
own **wishes**

I **know** where my
medication is

**If you answered 'no' to
any of these statements,
you may wish to talk to
someone you can trust.**

**1800 ELDERHelp
(1800 353 374)**





If you experience, witness, or suspect elder abuse, call the **free and confidential** National Elder Abuse phone line for information, support and referrals.

**1800 ELDERHelp
(1800 353 374)**

In an emergency, contact **000**

Elder abuse is any act that causes harm or distress to an older person and is often carried out by someone they know and trust, such as a family member or friend.

A collaboration between the Australian, state and territory governments